

2024

# The One-Page Ten-Minute Life Planner

Start your year off right.



## Theme For The Year

A word or sentence to guide you throughout the year.

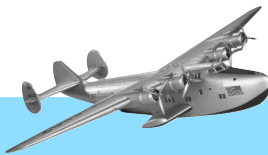
### Theme and Goals for the Year

1. Write in your theme for 2024 above.
2. Write in three areas of your life to focus on in each oval.
3. Write in your goal for each area in the boxes.
4. Write in your first steps.

- What is a quick and easy first step?  
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- What is your next step?  
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## Your Bucket List

Things you said you really want to do, but haven't... yet.

### Bucket List and Making it a Reality

1. To the left list things you've always wanted to do, places you've always wanted to go, or projects you've put off but want to start.
2. Next, look at the calendar to the right and choose a month to start one or two items on your bucket list and write them in.
3. For a bonus action write down a number you reached in 2023 and want to beat in 2024. (Income, weight, sales, savings...)

2023 \_\_\_\_\_

2024 \_\_\_\_\_



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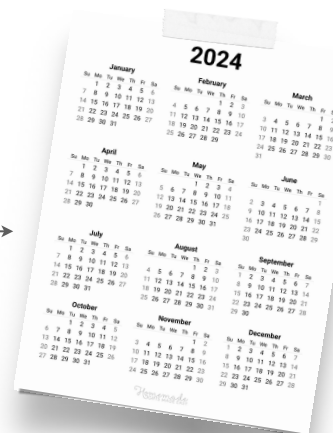
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